



Aftercare

Any deviation will directly affect the intended results along with client skin type.

- **ONLY TOUCH YOUR NEW TATTOO WITH CLEAN HANDS**
- **ALWAYS Wash your hands with antibacterial soap prior to touching the area** •
- **Cool packs (not frozen) may be used to help reduce swelling, if any.**

Dampen paper towels or cotton pads with filtered/bottled water and place in the fridge for 30 minutes. 10 minutes on and 10 minutes off. Cooling the area is most beneficial the first 24 hours. Do not use cool packs after 48hrs. Sleeping slightly elevated may also help in the reduction of swelling.

DAY 1 (1ST DAY OF YOUR APPT) _____

BLOTTING & CLEANING EVERY 1-2 HOURS

- Immediately after your procedure, blot the area with a new, clean tissue or wipe, filtered water preferred, Alternate between a damp tissue and a dry tissue. Continue until the weeping of lymph has stopped.
- The following 1-2 days, blot, periodically throughout the day. The area may be tender to the touch so be gentle, but please don't skip this step when lymph is still present!

We have created a wound and all wounds weep bodily fluids in an effort to heal itself. We are attempting to avoid heavy scabbing that can pull out the pigment, which can result in light spots, uneven color and scarring. If you have eyebrow hair, please make sure you are getting down to your skin and not just blotting the surface of your hair.

- Use a mild, fragrance free soap to wash on and around your procedure area! Antibacterial soap is recommended. (Hand, Body or Dish...it really doesn't matter. **ABSOLUTELY NO** products with acids (glycolic, lactic or AHA) or any exfoliants of any kind!

FOAM up the soap before you apply to your procedure area.

- Gently pat dry. If the area feels a little damp, **WAIT** at least **10-15 min** before moisturizing the area. Do not get shampoo, conditioner or any other cleansing products on the procedure during your showers.

DAY 2 & DAY 3 _____

CLEANING TWICE A DAY OR MORE IF NECESSARY

- Use a mild, fragrance free soap to wash on and around your procedure area! Dial soap, cetaphil or neutrogena are recommended. **FOAM** up the soap before you apply to your procedure area.
- Gently pat dry. If the area feels a little damp, **WAIT** at least **10-15min** before moisturizing the area. Do not get shampoo, conditioner or any other cleansing products on the procedure during your showers.

DAY 3-DAY 7 _____

MOISTURIZING ONE TO TWO TIMES A DAY *Only use the ointment provided to you, unless otherwise approved.*

NEVER put ointment on a wet or damp tattoo.

Eyebrows- No ointment for the first **24-48 hours**.

- Apply a very VERY thin, light coating of ointment 1-2 times a day for 5 days, more for dry skinned clients. **Blot access immediately after applying.**

If excessive drying occurs, continue up to 7 days. (That is only an additional 2 days. I am not responsible for results affected by over moisturizing)

*Using ointment excessively can starve the skin of air and can result in pigment loss, and/or infection during the healing process so use sparingly! **NEVER OVERSATURATE!***

If you notice any bumps, rash, irritation outside of the procedure area, or think you may be having an allergic reaction, stop using the ointment immediately, gently cleanse the area and notify your specialist immediately!

DURING YOUR 2ND WEEK OF HEALING (DAY 10 - DAY 17) YOU SHOULD CONTINUE TO AVOID WATER IF THE TATTOO HAS VISIBLE SCABBING

IMPORTANT REMINDERS

- * DO NOT PICK, SCRATCH OR RUB the treated area!
- * Use a fresh pillowcase and fresh clean towel to dry your face
- * Let any scabbing or dry skin naturally exfoliate away. Picking can cause scarring and loss of color
- * No facials, Botox, chemical peels or microdermabrasion for 4 weeks
- * Avoid direct sun exposure or tanning for 4 weeks after the procedure. Wear a hat when outdoors. It is recommended to avoid tanning and sun exposure indefinitely as both are counterproductive to cosmetic tattooing
- * Avoid sleeping on your face for the first 10 days
- * Avoid swimming, lakes, hot tub's, steam rooms or hot steamy showers for 10 days. If you take hot showers, limit them to 5 minutes, or turn the temperature down.
- * No topical makeup on the procedure area, including sunscreen, for 10 days. Topical makeup is bacterial and your new procedure needs adequate time to heal, to avoid irritation and/or infection. You may apply your makeup around the new procedure but avoid applying ON the healing area
- * NO HEAVY SWEATING for 7 days!

This includes walking or any type of perspiration that may be trapped underneath the ointment. No exceptions! If sweat is created behind a newly formed scab, it will push out the pigment and can leave a scar. No exercising or activities that will cause your skin to become red, flushed and sweaty!

- * No pet grooming, gardening, dusting, or anything that causes dust, dirt and dander for a minimum of 72 hours after procedure.